



PE Curriculum Overview



Year A	Autumn		Spring		Summer	
EYFS	Me and myself Listening to instructions and following rules Cooperative team games	Movement development How to move safely How to move in different ways Moving in different directions and speeds	Ball skills Hand eye coordination Moving, stopping and controlling a ball Ball games with a partner	Throwing and catching Hand eye coordination Stopping and receiving Rolling and sending	Dance Moving to music Mirroring others Expressions and emotions with our bodies	Working with others Races and team games in preparation for sports day
Y1/2 Year A	Co-ordination & control Fun and Games Invasion Games Football	Artistic Dance Fitness (1)	Artistic Gymnastics	Target Games Dodgeball Fitness (2)	Fundamentals Athletics Striking/fielding Rounders	Outdoor adventurous Orienteering Sports Day
Y3/4 Year A	Co-ordination & control Throwing & Catching Invasion Games Handball	Invasion Games Ultimate Frisbee Target Games Dodgeball	Artistic Dance Fitness	Invasion Games Hockey Invasion Games Basketball	Fundamentals Athletics Invasion Games Tag Rugby	Outdoor adventurous Orienteering Striking/fielding Cricket
Y5/6 Year A	Net/wall Tennis Net/wall Volleyball	Artistic Dance Target Dodgeball	Artistic Gymnastics Fitness	Invasion Games Netball Invasion Games Hockey	Fundamentals Athletics Striking/fielding Cricket	Outdoor adventurous Orienteering Striking/fielding Rounders

As a basis for our planning, we use peplanning.org which provides a progressive framework of objectives, skills and activities to deliver the National Curriculum.

Where children have swimming lessons, this replaces one in-school PE lesson a week. Units are then adjusted to ensure coverage across the year of core sports of Invasion Games, Gymnastics, Dance, Orienteering, Athletics, Net/Wall Games.

We have also included fitness units to help keep our children's health on track following the lack of physical activity experienced by many of them during the national pandemic.



PE Curriculum Overview



Year B	Autumn		Spring		Summer	
EYFS	Me and myself Listening to instructions and following rules Cooperative team games	Movement development How to move safely How to move in different ways Moving in different directions and speeds	Ball skills Hand eye coordination Moving, stopping and controlling a ball Ball games with a partner	Throwing and catching Hand eye coordination Stopping and receiving Rolling and sending	Dance Moving to music Mirroring others Expressions and emotions with our bodies	Working with others Races and team games in preparation for sports day
Y1/2 Year B	Co-ordination & control Ball skills	Artistic Dance Fitness (1)	Artistic Gymnastics	Invasion Games Handball Fitness (2)	Fundamentals Athletics Striking/fielding Rounders	Outdoor adventurous Orienteering Sports Day
Y3/4 Year B	Co-ordination & control Throwing & Catching Net/wall Tennis	Artistic Gymnastics Target Games Dodgeball	Fitness Net/wall Badminton	Invasion Games Netball Invasion Games Hockey	Invasion Games Football Fundamentals Athletics	Outdoor adventurous Orienteering Striking/fielding Rounders
Y5/6 Year B	Invasion Games Ultimate Frisbee Invasion Games Tag Rugby	Artistic Dance Net/wall Badminton	Fitness Artistic Gymnastics	Invasion Games Basketball Invasion Games Hockey	Fundamentals Athletics Invasion Games Football	Outdoor adventurous Orienteering Striking/fielding Rounders

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